



# NEWSLETTER:

## February 2022

St David's Centre, 23 Albany Park, St Andrews, Fife KY16 8BP  
Email: [admin@nefcommunityhub.org](mailto:admin@nefcommunityhub.org) Tel No: 0779 294 1783

### NEW LOOK HUB CAFÉ

The New Golf Club St Andrews very generously donated furniture to the Hub, which we are making use of in the café and the quiet room. I am sure you will agree it looks really good and we are very grateful. Thank you to the New Golf Club.



### ALLAN STIRTON

In December we were sorry to learn about the passing of Allan Stirton, a regular customer at the Hub. There was a collection at Allan's funeral service and Linda, Allan's wife, very kindly donated the funds towards a coffee machine for the Hub. Thank you.

### ROTARY CLUB OF KILRYMONT, ST ANDREWS

Member Stephen Bennie walked the West Highland Way last year and raised £200 in sponsorship, which he donated to North East Fife Community Hub in the name of the Club. Well done and thank you Stephen.



*Stephen Bennie & Cath Carter*

### COOK/CATERING ASSISTANT

We will soon be advertising for a Cook/Catering Assistant at the Hub to assist our current team. If you know of anyone this post may be of interest to, please ask them to get in touch for an informal chat and/or further information.

### PROGRAMME COORDINATOR

Due to increased funding we are pleased to announce our Project Coordinator, David Anderson, is now working fulltime hours as of 1 February 2022.

### POST OFFICE

The pop-up Post Office has been hugely popular and continues to run at the Hub on the following days:



Mondays 12.30 – 2.30pm  
Thursday 1.00pm – 3.00pm

### COMMERCIAL KITCHEN

We are delighted to announce work will commence shortly on our commercial kitchen. This is possible due to very kind donations and additional funding. The newly fitted kitchen will be a great asset to the Hub when it is complete, and will allow the training kitchen to be more readily available.



### ROOMS AVAILABLE

Remember if you need a meeting space, The Hub has rooms available to rent on a long term basis or by the hour. Please contact us for further information.

### SPONSORSHIP

Would you be prepared to make a monthly or one-off donation to support the Hub's activities? Please see this link for further information:

<https://www.nefcommunityhub.org/giving>

Your support will be greatly appreciated and your donation will be put to very good use.



## CLOTHESLINE

We would like to remind everyone that the Hub has a clothes bank, Clothesline. Clothesline is full of clothes to give away from new born to those later in life! We have collected good quality used clothing to donate to anyone who might need warm coats, shoes or bedding – FREE!



We can also provide clothes for special occasions. If you need items for job interviews, funerals, weddings etc. please ask and we shall try to find something suitable.

## NEW GROUPS

From 22 March we will be welcoming 'Football Memories' on alternate Tuesdays for people with memory loss and their carers. For further information contact:

[ahaskell@alzscot.org](mailto:ahaskell@alzscot.org)

If you are interested in making use of the facilities at Hub for a new or existing group please get in touch.

## VOLUNTEERS

We would like to say a huge thank you to all our fantastic volunteers who give up their time to help at the Hub. The daily running the Hub would not be possible without them.



## WEEKLY HUB ACTIVITIES

- open to all

### **MONDAYS**

#### **Let's Chat**

10.00am – 12.00pm

#### **Pilgrim Care Botanic Health Walk**

11.00am – 12.00pm

#### **Pilgrim Care Botanic Health Walk Lunch**

12.30 – 2.30pm

#### **Post Office**

12.30 – 2.30pm

#### **Hubbub Singing Group**

1.15pm – 2.15pm

### **TUESDAYS**

#### **Storehouse & Clothesline**

11.00am – 1.00pm

#### **Knitting & Craft Group**

1.00pm – 2.30pm

#### **Football Memories**

2.30pm – 4pm (fortnightly)

### **WEDNESDAYS**

#### **Cooking Class**

9.15am – 11.15am

#### **Pilgrim Care Lunch Club**

12.00pm – 1.00pm

#### **Pilgrim Care Armchair Exercises**

1.15pm – 1.45pm

### **THURSDAYS**

#### **Storehouse & Clothesline**

11.00am – 1.00pm

#### **Credit Union**

11.00am – 1.00pm

#### **Post Office**

1.00pm – 3.00pm

## **Sensory Trust Group (referral only)**

1.15pm – 2.15pm

### **FRIDAYS**

#### **Hub Sewing Bees**

10.00am – 2.30pm

#### **Pilgrim Care Chow & Chat**

12.00pm – 2.00pm

(alternate weeks)

#### **Pilgrim Care Health Walk**

1.00pm onwards

(alternate weeks)

## MONDAY – FRIDAY ACTIVITIES

#### **Café Open**

9.00am – 4.30pm

#### **Dominoes/Triominoes**

9.00am – 2.30pm



## NEWSLETTER MAILING LIST

If you would like to be added to our mailing list to receive our Newsletter and other information please email us:

[admin@nefcommunityhub.org](mailto:admin@nefcommunityhub.org)



## NEFCH ANNUAL GENERAL MEETING

The above meeting will be held via Zoom on 28 February 2022 at 5pm. If you wish to attend please request a link by emailing:

[admin@nefcommunityhub.org](mailto:admin@nefcommunityhub.org)